FEMALE CANDIDATE PACKING LIST

Report on March 31, 2020 wearing a gray sweatshirt, gray sweat pants, a gray tee shirt, white calf length socks and black running shoes.

Jewelry is not authorized for wear while at ChalleNGe. Remove ALL body piercings, earrings and jewelry prior to arrival. Only an inexpensive watch is authorized for wear.

Do NOT bring money, credit/debit cards or any type of electronics.

Do not stop taking any prescribed medications. Bring ALL of your medications with you in the original packaging with your prescription label attached. All medications will be turned in to the medical staff during in-processing.

Bring ONLY the items on the below list

- Prescription eye glasses with strap (if you wear them)
- 1 Pair of black running shoes
- 10 Pairs of solid color briefs/bloomers aka granny panties 4 regular bras and 4 sports bras(black/gray)
- 12 Pairs calf length solid white crew socks
- 2 Sets of Gray Sweats (Top and Bottom)
- 1 Hygiene or shaving bag
- 1 Toothbrushes with plastic toothbrush holder
- 1 Tubes of toothpaste
- 8 Bars of soap with a plastic soap dish with cover
- 1 Bottle of feminine body wash
- 2 Boxes of sanitary napkins
- 1 Package of dental floss (no dental picks)
- 4 Sticks of deodorant
- 2 Seasonal Pajamas
- 1 Bottle of Gold Bond foot powder
- 1 Can of black kiwi shoe wax
- 1 Bottle non-aerosol bug repellent 1 Can/bottle of starch
- 1 Bottle of shampoo/conditioner
- 1 Hair brush/comb and hair grease/gel
- 1 Pack of writing paper and black pens
- Gel insoles for boots
- 1 Bottle of lotion (unscented)
- 1 box of GAIN (120 Load) powder laundry detergent
- 1 pack hair pins/bobbies pins same color as hair
- 1 Stick of non-flavored lip balm with SPF
- Up to 5 personal pictures (no visible tattoos, alcohol, nudity or gang signs)

All items are to be brought to ChalleNGe in a LARGE BLACK PLASTIC GARBAGE BAG. No luggage is authorized!

2/28/2020